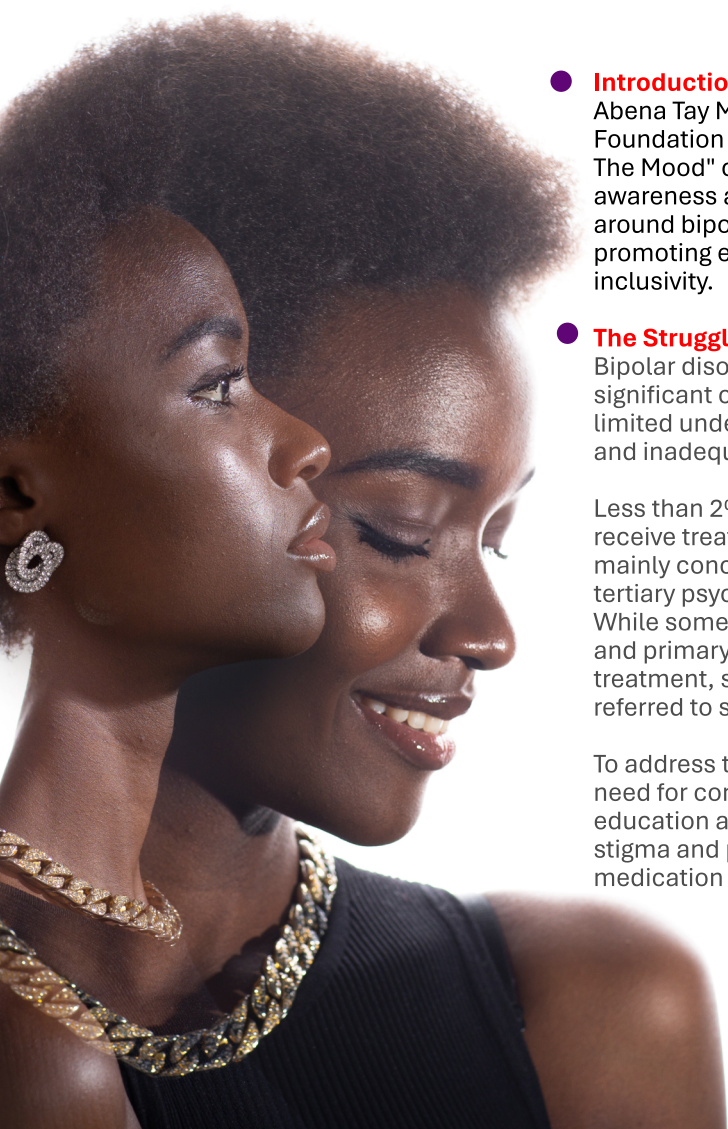


"Surviving The Mood"

An Initiative of the AbenaTay Ministries



- **Introduction:**

Abena Tay Ministries and Abena Tay Foundation launch the "Surviving The Mood" campaign to raise awareness and challenge stigma around bipolar disorder in Ghana, promoting education, support, and inclusivity.

- **The Struggle is Real:**

Bipolar disorder in Ghana faces significant challenges due to limited understanding, stigma, and inadequate treatment.

Less than 2% of affected individuals receive treatment, with services mainly concentrated in three tertiary psychiatric hospitals. While some regional hospitals and primary care facilities offer treatment, severe cases are often referred to specialized centers.

To address this, there's a pressing need for community-level education and awareness to reduce stigma and promote proper medication and psychotherapy.

Take Action:

The "Surviving The Mood" campaign promotes awareness and support for bipolar disorder in Ghana through education, partnerships, and personal stories.

Partner with us:

Abena Tay Ministries and Abena Tay Foundation invite organizations and individuals to partner on the "Surviving The Mood" campaign to raise awareness and support for bipolar disorder in Ghana.

We welcome individuals with lived experiences to share their stories and sponsors to support our mission.

H.E. Rev. Abena Tay is a renowned minister, social justice advocate, and women's empowerment champion.

As President of Abena Tay Ministries, she combines spiritual leadership with community development initiatives.

Her work focuses on:

1. Empowering individuals to realize their potential
2. Promoting women's rights and social change
3. Uplifting marginalized communities through education, skills development, and economic empowerment
4. Fostering peace, unity, and progress

As a UN Ambassador for Peace and Universal Peace Federation council ambassador, Her legacy is marked by dedication, compassion, and a commitment to creating lasting impact.

**For more information about Abena Tay,
visit www.abenatay.org**

